

# COURSE OUTLINE

## NITP

National Institute of  
Transition Planning, Inc.

**TITLE:** Planning for Retirement

**LENGTH:** 2 days or approximately 12 hours of instruction time

**AUDIENCE:** Federal Employees with 10 Years or Fewer until Retirement Eligibility

This course will focus on a comprehensive look at employees' Federal Benefits, financial and tax issues, and estate planning for those nearing retirement.

The following topics will be covered, but not limited to:

### **Federal Benefits**

(Full Day Presentation)

- Retirement Plans
- FERS, Transfers or CSRS, Offset
- Creditable Service
- Disability Retirement
- Annual and Sick Leave
- Deposit/Redeposit
- Annuity Calculation
- Best Date to Retire
- Voluntary Contributions (CSRS)
- WEP and GPO (CSRS)
- COLAs
- Survivor Benefit Options
- Insurances – FEHB, FEGLI, FedVIP, FLTC, FSA
- Social Security/Medicare
- Resigning before Retirement
- Death in Service

### **Financial, Tax and Estate Planning**

(Full Day Presentation)

- Financial Planning for Retirement
- Managing Debt in Retirement
- Pros and Cons of Paying Down a Mortgage
- TSP
  - Borrowing from the TSP
  - Determining Allocation between Funds
  - Roth TSP vs Traditional
  - Withdrawal Options at Retirement
- Traditional and Roth IRAs
- Investments Beyond the TSP
- Funding College Education
- Overview of Estate Planning
- Income Tax Planning
  - What is Taxable Income?
  - Federal and State Taxation of Annuities
  - Sale of Principal Residence