

# COURSE OUTLINE

# NITP

National Institute of  
Transition Planning, Inc.

**TITLE:** FERS Federal Benefits

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**LENGTH:** 1 day or approximately 6 hours of instruction time

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**AUDIENCE:** FERS Employees

This one day course is designed to provide FERS employees with an all-in-one overview of the 3 components of the FERS retirement system and other Federal benefits including Social Security, Insurances, and the Thrift Savings Plan.

The following topics will be covered, but not limited to:

- FERS Basic Benefits
  - Creditable Service
  - Civilian and Military Deposits
  - FERS Basic Annuity
  - Disability Retirement
- Social Security
- Federal Insurances
  - FEGLI
  - FEHB
  - FSAs
  - FEDVIP
  - FLTCIP
- Death Benefits before Retirement
  - OPM Survivor Benefits [spouse and child]
  - Social Security Survivor Benefits [spouse and child]
  - Beneficiary Designations
- Leaving Federal Service before Retirement
  - Deferred Annuity
  - Annual and Sick Leave
- Thrift Savings Plan as a Federal Benefit